



# Rainbow Horses

## Learning Centre CIC

**Equine Facilitated Learning and Therapy for Autistic Children and Young People and those with issues due to Trauma**

### SEND Policy

All children and young people attending Rainbow Horses Learning Centre have special educational needs and disabilities. Almost all also have EHCPs.

Rainbow Horses Learning Centre specialises in working with autistic children, particularly those with a demand avoidance profile, and children who have experienced trauma. In many cases our learners are both autistic and traumatised by their experience of school.

We offer a low sensory arousal environment and a low demand approach. We focus on recovery and re-engagement with learning through following the learners' own interests. Our approach is trauma informed and attachment aware and we are a Trauma Informed School (<https://www.traumainformedschools.co.uk/home/what-is-a-trauma-informed-school>).

All staff are trained and experienced in working with autistic children and in collaborative approaches for working with children with PDA (pathological demand avoidance).

We have specialist staff with additional training and experience in in Autism and PDA, ADHD and Trauma, as well as a Senco who is trained to use the Thrive approach (<https://www.thriveapproach.com/about-thrive/about-us>) to profile learners and track progress. All the training is shared with the whole staff team by the specialists.

Our mission is to create a centre of excellence in trauma, autism and PDA where children and young people can feel safe to recover from and understand the impact of their trauma, develop the confidence and skills to re-engage with learning, and to progress, with support, to the most appropriate full time placement where they can achieve their potential.

Date April 2023